

Do



Like a lump of bread dough or cookie dough.

Re



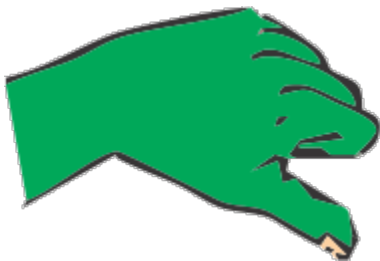
Like the rays of sun rising in the morning.

Mi



Touch your face with your flat hands and say "me"

Fa

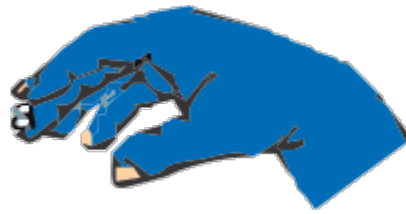
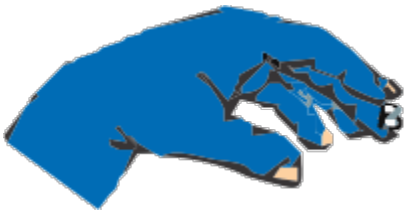


Thumbs point down to the half step to *mi*.



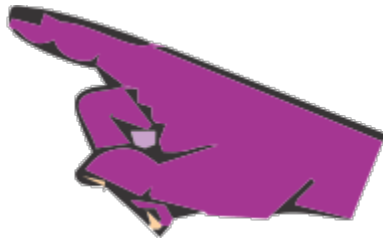
So

Bring you flat hands together to join or “sew” them together.



La

Your mouth makes an open shape singing *la* and your hands do the same.



Ti

Point up to the half step to *do*.



Do

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